



To: Paramedical Companies

From: Linda Rohrer, Insurance Support Manager

Date: June 18, 2026

RE: Hot Weather Advisory

As we approach the summer months and higher temperatures, it is important to remind all examiners that specimens must be collected and properly prepared for shipping.

It is extremely important that urine tubes are filled **only to the fill line or the middle of the urine tube**. Exposure to higher temperatures causes increased pressure in the urine tube, which can result in leakage. In many cases, the increased pressure will actually dislodge the cap completely. To help prevent leaks, please be sure that the tube is not over-filled and the cap is pressed on securely (two clicks).

Blood specimens should be kept cool prior to centrifugation. Exposure to heat can affect some test values and may render a sample unsuitable for testing. Mobile examiners may consider carrying an ice chest for transport of samples to reduce the possibility of heat exposure.

We very much appreciate your efforts and assistance in providing our mutual customers the highest quality lab results possible. If there are any questions, please do not hesitate to contact me at linda.rohrer@crlcorp.com or 913 693-5459.